

# Mental Health Training at CPS



# Overview

The Calgary Police Service (CPS) currently offers a variety of mental health, crisis communication, strategic communication, and de-escalation training within the Recruit Training Program and In-Service courses.



Our challenge lies in training officers to quickly identifying a person in crisis and to deal with unpredictable behaviours in a way that ensures officer and public safety is always maintained.

# CPS Policies

- Mental Health Act Apprehensions
- Use of Force

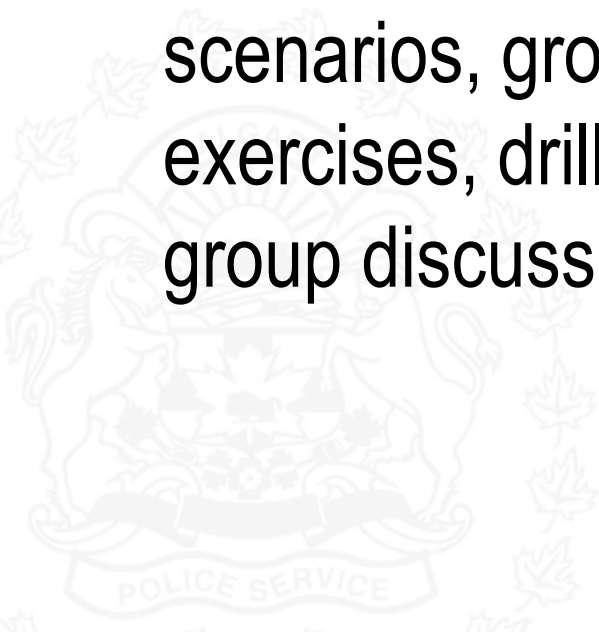


# Recruit Training Courses

<b>Recruit Training and In-Service Training courses</b>	<b>Time</b>
Strategic Communications and De-escalation	8 hrs
Understanding Autism	10 mins
Emotionally Disturbed Persons	45 mins
Criminal Charges and the Emotionally Disturbed Patient	20 min
Excited Delirium Training	50 mins
Dealing with Emotional Disturbed Persons ( PACT presentation)	2.5 hrs
Suicide Intervention	2.5 hrs
Road to Mental Readiness	8 hrs
Children and Youth at Risk	4.5 hrs
Scenario Based Training	Embedded throughout RTP
The Brain Story	30 hrs
Criminal Code	Introduction
	<b>Total 58+ hours of training</b>

# Recruit Scenario Based Training

In addition to the classroom based training, recruits are exposed to multiple scenarios, group exercises, drills and group discussions.



# Strategic Communication and De-Escalation

- The course is designed to provide officers with a wide variety of communication strategies to help resolve situations with the best possible outcome for all parties.
- The goal of this course is to utilize best practices in communication with members of the public across a spectrum of calls for service including lower risk everyday interactions and rare but complex high-risk interactions.
  - Best practices include Tempo, ICAT, JIBC, CID Model, and others.

\*\*Blue Team Use of Force report tracking now capturing information on where/when de-escalation is not impactful and other force is required. This can be utilized to enhance training and education for officers\*\*.

# Additional In-Service Training

The Field Training Unit (FTU) – delivery of theoretical and practical training to sworn officers post recruit graduation.

- This training is formally delivered every calendar year in 3-4 block.
- All training and scenarios are now designed to encompass critical decision making and de-escalation

## Use of Force Review

- FTU reviews all use of force reports and conducts debriefs where applicable with involved officers. This is an avenue for continual informal assessment, education and awareness with respect to dealing with persons suffering from a mental health issue if applicable in the call for service.

# Additional In-Service Training

- Various eLearning theory and scenario based training courses, bulletins, and training videos
- Courses – Classroom based training courses
- Team led/organized training days
- Indicators of Emotional Disturbance Card
  - Mini Mental State Examination question



# Mental Health Presentation

Questions?

